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**‘Understanding Autism’**

What is autism?

What does autism mean to me?

What are my strengths, hopes and ambitions?

‘Understanding Autism’ is a course that has been designed to explore the answers to these questions.

The course will be run over three sessions taking place on:

**Wednesday March 8th 2017 10am-12pm**

**Wednesday March 15th 2017 10am-12pm**

**Wednesday March 21st 2017 10am-12pm**

At:

**The Sutton Life Centre,**

**24 Alcorn Close, Sutton, Greater London, SM3 9PX**

For:

 **Sutton Borough service users and carers**

To book a place or for more information please contact Clare Taylor at:

Sutton Adult ADHD/ASD Assessment Service

The Wilson Hospital Cranmer Road Mitcham CR4 4TP

Telephone: 0203 668 3522

Email: ssg-tr.SuttonADHDASD@nhs.net

This course is a pilot and has been designed in collaboration with The Recovery College. We will be asking all who attend the course for feedback to inform our plans for future courses.