






## June 2019 Podcast Show notes

### Sports, fun, wind and Sarah Jones

#### In this episode we: -

- Introduce our activities for #LD Week 19
- Speak with lots of lovely people who came on 17<sup>th</sup> June
- Interview Sarah Jones

*(sorry about the wind and sound distortion on this recording)*

Item	Timestamp	Details and links
Introduction	0s	#LD week 2019
Welcome by the Radio Stars	1m28s	Emma, Pete and Nicola tell you what is to come
Vox pops	3m01s	Voices of people who came along to the inclusive sports event at the David Weir Centre on Monday 17 <sup>th</sup> June. Over 400 people came and enjoyed the day.
	5m30s	Aaron and Katie interview Sarah Jones an International Hockey Midfielder for Wales and Team GB. She heard about the event and wanted to get involved. She told us she really enjoyed the day, met lots of inspiring people and will keep in touch. Thanks Sarah.
	9m12s	<b>How to get in touch</b> 020 8647 8600 <a href="http://www.suttonmencap.org.uk/osr/">www.suttonmencap.org.uk/osr/</a> Tweet us - @osradiostars Email - <a href="mailto:oursuttonradio@gmail.com">oursuttonradio@gmail.com</a>
Starring 		Our Radio stars for this episode were– Emma, Peter, Nicola, Aaron and Katie – thank you guys

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