



malookoo

DANCE FITNESS



Do you want to get fit and have fun dancing?

Come and join our Sutton Mencap fundraising dance fitness class on Sunday 7th September 1pm-2pm

Tickets only £10 each (Carers free)



Everyone age 16+ is welcome!



Westcroft Leisure Centre
dance studio, Carshalton

Please bring support if needed.
No previous dance experience needed.

**Booking and payment in advance
please using QR code.**

Places limited.

**Any questions please contact Melanie Foote
on 020 8138 8952 or email:**

melanie@suttonmencap.org.uk

Scan to Pay!

