



Eye tests for people with learning disabilities







Sutton Clinical Commissioning Group

Why is eye care important?

People with learning disabilities are 10 times more likely to have serious sight problems than other people.

It is very important that everyone should have an eye test every two years or more often.

An eye test helps someone to have healthy eyes and to see well.

To use the Easy Eye Tests service in Sutton, your GP (doctor) must be in Sutton. You can use the service if you are aged 14 or over.









Why do we need Easy Eye Tests?

Easy Eye Tests will help people with learning disabilities to get good eye care.

Sometimes people with learning disabilities can find it difficult to communicate during an eye test.

Some people need extra time for testing and to share information and results.

People have the right to have Reasonable Adjustments in place like using pictures instead of letters.









How do Easy Eye Tests help?

1. The opticians are trained to work with people with learning disabilities.

2. You can go back more than once if you find it hard to have all the tests together.

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3. You will be able to have a longer appointment.

The optician will give you an easy read report of what happened at your sight test.



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What happens after my **Easy Eye Test?**

You might need glasses to help you see better. You might need to pay some money for your glasses.

If you have an eye problem the optician can refer you to a hospital to see an eye doctor or nurse.

The optician will tell you when to come back for your next eye test.

For more information on eye health please look at the SeeAbility website www.seeability.org







Hospital

Eye tests at the opticians ()

You can visit the following opticians for a longer eye test or on more than one occasion. The optician will give you a written report.

Barlindene Ltd 377 Croydon Road Wallington, SM6 7NY

🕲 020 8647 8992

Boots Opticians Sutton 116a High Street Sutton, SM1 1LU

© 020 8661 9488

Second Sight 107 Collingwood Road Sutton, SM1 2QN

C 020 8770 0134

Eye Contact Vision Clinic 152 Stafford Road Wallington, SM6 9BS

C 020 8773 3888

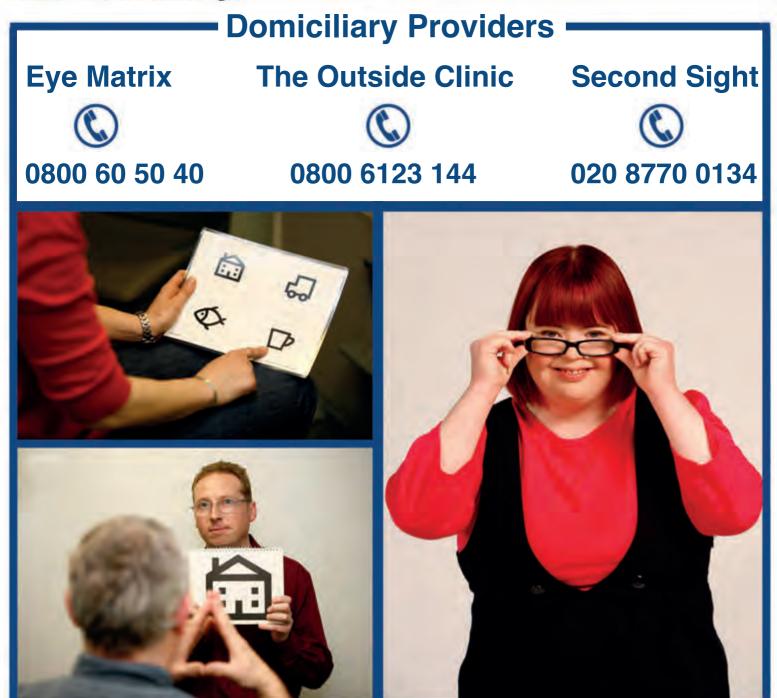
Wallington Opticians 116 Woodcote Road Wallington, SM6 0LY





Eye tests at home

The following opticians can also provide eye tests at home for people who cannot go to the practice because of their disability.



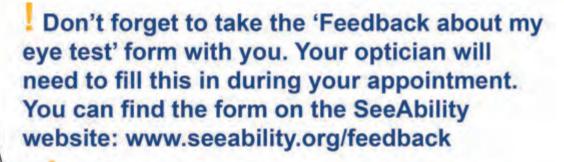
People with learning disabilities are 10 times more likely to have serious sight problems than other people.

5 easy steps to having an eye test:

- Choose your optician from the list
- Contact them and tell them the appointment is for a person with a learning disability
- **3.** Ask the opticians about a free NHS eye test
- 4. Fill in SeeAbility's 'Telling the optometrist about me' form and give this to the optician. You can get this form on the SeeAbility website: www.seeability.org/form or from the optician

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5. Have your eye test



For more information, please contact: Aylee Richmond a.richmond@seeability.org 01372 755000 or 07843 356003