

High Fliers



When does it run?

Our High Fliers sessions take place every 2 weeks on a Wednesday evening from 7.00 to 9.30 pm.

Where does it take place?

The service takes place at our premises at 8 Stanley Park Road, Wallington SM6 0EU

Who is the service for?

The service is generally aimed at adults with a learning disability who enjoy a relaxed, calm evening. Most of the service users are people who are independent and don't attend other Sutton Mencap groups. High Fliers is for people with lower support needs and we are not able to provide personal care as part of the service.

How is the service organised?

The service is group-based. Typical attendance is around 12 people per session.

Who provides the service?

Each group is run by a team of 2 or 3 staff including a service co-ordinator. All our staff are experienced in working with people with a learning disability and have taken part in our extensive training programme.

We sometimes have volunteer support on the service and encourage service users to help out.

How can I join the service?

People typically self-refer or are referred by their families. It is not necessary for you to have a package of care in place, although if you are in receipt of council funding you may be able to use that to pay for services.

Is there a waiting list?

The service is popular and there is sometimes a waiting list. For up to date information on how long you are likely to wait before accessing the service, contact our Adult Services Manager, Tammy Satchell on 020 8138 8956 or e-mail tammy@suttonmencap.org.uk.

Can I choose when I attend?

Yes. Once you are confirmed as a member of High Fliers you can decide which sessions to attend. There is no need to book.

What happens on the service?

High Fliers is a calm, relaxed evening. We have a wide range of activities on the service, including listening to and playing music, talent shows, games, films, cooking and crafts.

Can I choose the activities I will do?

Services are planned with the involvement of group members, so we will try and plan activities that will suit all the people who attend. We will often have different activities taking place at the same time to allow people to choose different things.

Is transport available to attend the service?

No. You will need to arrange your own transport to and from the sessions.

How much does it cost?

Each session costs £9 to attend, which is paid on the night. We are looking to introduce an online advance booking and payment system in the near future.

What needs to happen before I can start?

We need to have the following in place before you can start on the service:

- We need to have a place available for you.
- You will need to complete a client information form.
- We will need to confirm you can attend.

How can I find out more?

Contact Tammy Satchell, Adult Services Manager on 020 8138 8956 or e-mail tammy@suttonmencap.org.uk

Reviewed March 2023